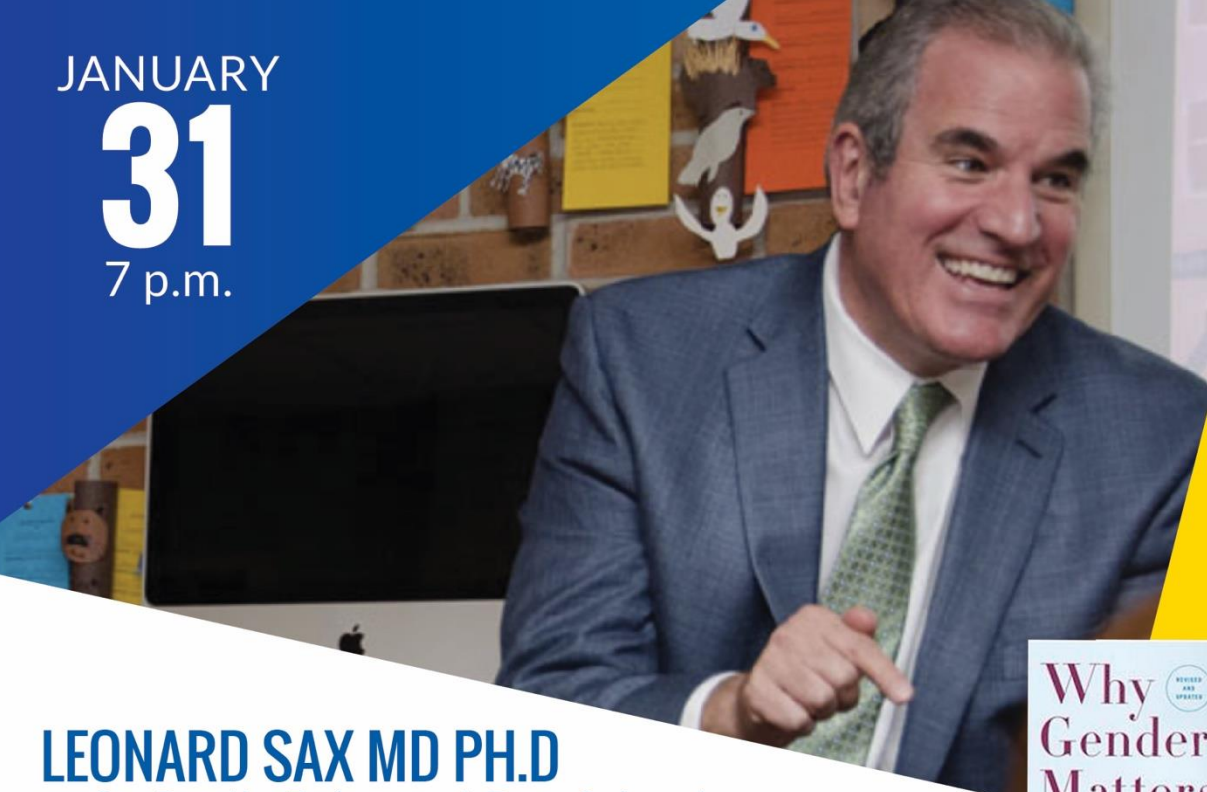


JANUARY

31

7 p.m.



Dr. Sax's presentation catalysed something very difficult to attain: behavioral change. He brought the key points home with power. I was gladdened and heartened to see a standing-room-only crowd, riveted, spellbound. His message resonates.

— Dr. Patricia Shanley
Princeton Common Ground
Princeton, New Jersey

LEONARD SAX MD PH.D

at St. Paul's Episcopal Day School

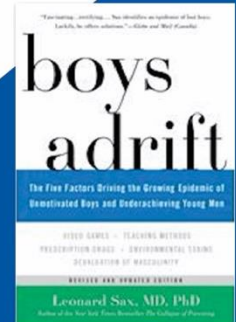
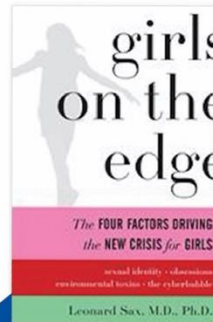
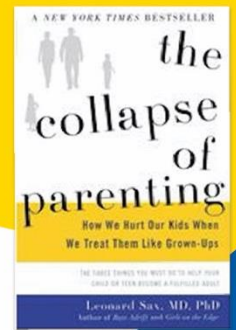
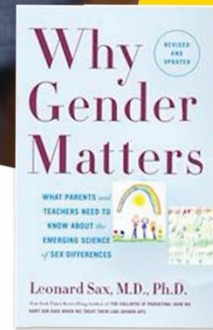
In an evening sponsored by St. Paul's Episcopal Day School and Rockhurst High School, Dr. Leonard Sax will present and discuss evidence that American children are more fragile, and more likely to become anxious and/or depressed and/or disengaged, compared with American kids from the same demographic just ten years ago.

Topics will include:

- Evidence-based guidelines for best practice in parenting
- What parents need to know about recent research on social media such as Instagram and Snapchat
- How best to respond when your child experiences disappointment
- Why so many American kids are now anxious or depressed or disengaged, and what you can do to improve the odds for your child

Leonard Sax MD PhD graduated Phi Beta Kappa from MIT at the age of 19. He earned his PhD in psychology, and his MD, from the University of Pennsylvania. In this presentation, he draws upon his 26 years of clinical experience, as well as his visits to more than 400 schools over the past 16 years, to share his recommendations for his fellow parents. More information about Dr. Sax and his four books, including the New York Times bestseller *The Collapse of Parenting*, is online at www.leonardsax.com.

Register for event at
speds.org/drsax



Community Event
Open to the Public

BEYOND RESILIENCE

Helping your child to become UnFragile