

## Guidance Counseling

### **JUNIOR AND SENIOR CAREER DAYS:**

The second year of monthly **Career Days** sponsored by the Guidance Counseling Office is set to begin in October. Juniors and seniors interested in select occupations may attend a presentation by RHS alumni during lunch periods (lunch provided) in the McGee Hall. Information about the careers and a time for questions will highlight the afternoon. Juniors and seniors must RSVP to email prompts from Counselor Kevin McAdam to be a part of each monthly program. If you have any questions please contact Mr. McAdam at extension 233.

### **SOPHOMORE AND JUNIOR PSAT Standardized National Testing:**

Your sons will be taking the Preliminary Scholastic Aptitude Test (PSAT) on the national testing date Wednesday, October 14, 2015 from 8:00 AM to approximately 11:45 AM. There are no classes in the afternoon after the test completion.

The PSAT is the best preparation for the SAT. Students who take the PSAT in the 11th grade and meet other program entry requirements may enter National Merit Scholarship Corporation programs. The PSAT for sophomores provides proactive and valuable information about their academic progress and helpful insight in beginning college exploration. Additionally, Rockhurst uses the PSAT scores as one of several prerequisites needed to be admitted to honors and AP classes for their next year.

Your sons will receive a copy of the *Official Student Guide to the PSAT/NMSQT* booklet in their English classes and one of the Rockhurst Guidance Counselors will explain and highlight notable points for taking this test. Additionally, your son's math and English instructors will review the subject material in their classes. NOTE: If your son is absent on the 14<sup>th</sup>, he will not be able to make up the test. Click here: <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice> for the web site with further information and practice tests.

### **Freshmen and Sophomore ACT Aspire Testing:**

Your sons will be taking the ACT Aspire test on Wednesday, October 28, 2015 from 8:00 am to approximately 1:30 PM (Lunch will be provided at 11:30). There are no classes in the afternoon after the test completion.

It is important that our students are prepared for each step along their educational journey. ACT Aspire test results will give you, your son and Rockhurst important information that will allow us to determine how your child is progressing at their current grade level, as well as their overall path toward future college and career readiness. ACT Aspire will tell us which important skills, abilities, and knowledge your student has now, and which ones still need to be learned in order to be successful in school in the future. It will also provide specific suggestions for improving skills. Please click here: <http://www.discoveractaspire.org/parent-overview/> for parent information about this new testing instrument.

Your sons will receive information in their classes from one of the Rockhurst Guidance Counselors, who will explain and highlight notable points for taking this test. NOTE: If your son is absent on the 28<sup>th</sup>, he will not be able to make up the test.

If you have any questions, please contact Mr. Michael Heringer in the Guidance Counseling Office at extension 154.