

FCD Database Key Findings 2009 - 2015

The FCD *Student Attitudes and Behavior Survey* is an international research instrument developed and administered by FCD Prevention Works, part of the Hazelden Betty Ford Foundation. Through student reporting of substance use beliefs and norms, the survey provides school communities with data-driven approaches to substance abuse prevention. Data from 120 schools, in 25 countries, have provided FCD with a database of over 68,000 students in grades 6-12, surveyed over the 2009-2015 academic years. The data points below are taken from this data:

Keeping Healthy Kids Healthy

- 54% of FCD students have never had a whole drink of alcohol.
- Only 9% of all FCD students would be classified as a “higher-risk drinker,” consuming 5 or more drinks on 1 or more days in the past 30 days.
- 57% of FCD students are considered “non-drinkers,” never having had a whole drink in his or her lifetime, or not drinking within the past year.
- 82% of FCD students have never used marijuana, and 85% say they typically never use.

FCD Programming – Early Intervention Health Systems

- FCD schools that have had an early intervention health systems training are 10% less likely to have students report drinking in the past 30 days, and 12% less likely to be classified as a “higher-risk drinker.”

Community Matters – Local Laws & Substance Use

- FCD students in countries where the drinking age is less than 21 years are 2-3 times more likely to report binge drinking, getting drunk, and drinking more than 3 times in a month. They are also two times more likely to think “it is cool to get drunk” and 60% less likely to see moderate or great risk in drinking 5 or more drinks once or twice each weekend.
- FCD students were more likely to report using marijuana, and approve of a friend’s use if their state medicalized or legalized marijuana, compared to students in states where marijuana use is illegal.

Family Matters – Use in the Home

- 88% of FCD students report that their family has clear rules about alcohol and drug abuse.
- Students with clear family rules about alcohol are 47% less likely to report using alcohol in the last year.